

Awe Information and Research

Video: The Biological Advantage of Awe <http://www.karmatube.org/videos.php?id=7441>

Podcast: The Philosopher Zone podcast on the overview effect
http://mpegmedia.abc.net.au/rn/podcast/2016/03/pze_20160313.mp3

Article: *A Conversation of Awareness and Awe* https://www.esalen.org/page/conversion-awareness-and-awe?utm_source=iContact&utm_medium=email&utm_campaign=esalen-news&utm_content=Esalen+News+reblast+-+August+2018

Article: Association for Psychological Science- *All about Awe*
<https://www.psychologicalscience.org/observer/all-about-awe>

Article: *Why Do We experience Awe?* <https://www.nytimes.com/2015/05/24/opinion/sunday/why-do-we-experience-awe.html>

Article: *Measuring Awe and Wonder and Putting Them to Use* <https://today.ucf.edu/measuring-awe-and-wonder-and-putting-them-to-use/>

Article: *Can Awe Boost Health?* https://greatergood.berkeley.edu/article/item/awe_boosts_health

Take the Awe Quiz: https://greatergood.berkeley.edu/quizzes/take_quiz/awe