



# INTEGRAL LEADERSHIP MASTERY PROGRAM

Mastering Life's Transitions

August – November 2025

## 2025 Schedule

(All sessions are via Zoom except for Session 1, the in-person launch)

Free Public Information Session: Wed., April 23 | 9–10:00 am PT

| August   | September  | October   | November   |   |
|--|--|---|--|---|
| <p><b><u>Session 1</u></b><br/>In-person Retreat</p> <p><b>Aug 15</b><br/>7:00 pm start<br/><b>Aug 17</b><br/>Noon finish</p> <p>University of Redlands,<br/>Marin Campus<br/>San Anselmo, CA</p> <p>Meet who is here</p> <p>Learn what changes are<br/>impacting you</p> <p>Master life's transitions</p> <p>Discover where we will go<br/>next, and when</p> | <p><b><u>Being Your Authority</u></b></p> <p><b><u>Session 2</u></b><br/>Mentoring Dojo 1<br/>Coaching Dojo 1</p> <p><b>August 30</b><br/>9–11:00 am</p> | <p><b><u>Being Your Authority</u></b></p> <p><b><u>Session 3</u></b><br/>Coaching Dojos<br/>2, 3 &amp; 4</p> <p><b>September 13</b><br/>9–11:00 am</p> <p><b><u>Affirming Your Future</u></b></p> <p><b><u>Session 4</u></b><br/>Mentoring Dojo 2<br/>Coaching Dojo 5</p> <p><b>September 27</b><br/>9–11:00 am</p> | <p><b><u>Affirming Your Future</u></b></p> <p><b><u>Session 5</u></b><br/>Mentoring Dojo 3<br/>Coaching Dojo 8</p> <p><b>October 11</b><br/>9–11:00 am</p> <p><b><u>Staying Current</u></b></p> <p><b><u>Session 6</u></b><br/>Coaching Dojos 9 &amp; 10</p> <p><b>October 25</b><br/>9–11:00 am</p> | <p><b><u>Staying Current</u></b></p> <p><b><u>Session 7</u></b><br/>Coaching Dojos 9 &amp; 10</p> <p><b>November 8</b><br/>9–11:00 am</p> <p><b><u>Being of Service</u></b></p> <p><b><u>Session 8</u></b><br/>Mentoring Dojo 4</p> <p><b>November 22</b><br/>9–11:00 am</p> <p><b><u>The Great Beyond</u></b><br/>Continued support in<br/>2025 and beyond</p> |

### Program includes:

- All times PT. ITP Kata precedes each session at 8:00 am
- Limited to 10 participants
- Individual coaching session with a facilitator before participant Coaching Dojo
- Monthly co-coaching sessions with a practice partner
- Support from cohort and facilitators throughout the program