

Living An Extraordinary Life – Personal Practice Resources

Affirmation Agreement

Affirmation 1

Present Condition 1

Affirmation 2

Present Condition 2

Affirmation 3

Present Condition 3

Universal Affirmation

My entire being is balanced, vital, and healthy.

Present Condition

I, _____, intend to see that the following circumstances have occurred in my life by _____(date).